

## 2019 RMC Distance Swim

First Name	Last Name	Distance	Finishing Time	Overall Pace
Nichole	Burdon	750	0:42:38.0	0:05:41.1
Kathie	Crawford	750	0:41:36.0	0:05:32.8
Coleen	Crawford	750	0:33:19.0	0:04:26.5
James	Lorenzen	750	0:11:02.4	0:01:28.3
Barb	Austin	1900	0:28:58.0	0:01:31.5
Jed Joseph	Azcueta	1900	0:47:04.0	0:02:28.6
Petra	De Winter	1900	0:54:01.0	0:02:50.6
Tara	Fuchs	1900	0:37:41.0	0:01:59.0
Erin	Harlos	1900	0:36:30.0	0:01:55.3
Chris	Humphries	1900	0:31:11.0	0:01:38.5
Maja	Kralovcova	1900	0:34:58.0	0:01:50.4
Patricia	Mulvay	1900	1:07:46.0	0:03:34.0
Ryan	Normand	1900	0:47:57.0	0:02:31.4
Lisette	Parkin	1900	0:56:49.0	0:02:59.4
Danelle	Reiss	1900	0:56:30.0	0:02:58.4
Jo-Ann	Robert	1900	0:47:52.0	0:02:31.2
Kaytlyn	Criddle	2500	0:59:50.0	0:02:23.6
Angela	Arnold	3800	1:26:16.0	0:02:16.2
Ron	Burdon	3800	1:36:28.0	0:02:32.3
Doug	Farenick	3800	1:12:21.0	0:01:54.2
Jessica	Forrester	3800	1:39:23.0	0:02:36.9
Ashlan	Friesen	3800	1:24:31.0	0:02:13.4
Jessica	Gawley	3800	1:20:20.0	0:02:06.8
Erin	Kiefer	3800	1:11:13.0	0:01:52.4
Suzanne	Louttit	3800	1:10:47.0	0:01:51.8
Jaimie	Mimbs	3800	1:29:54.0	0:02:21.9
Shari	Mosthaf	3800	1:39:26.0	0:02:37.0
Orenda	Pelzer	3800	0:59:28.9	0:01:33.9
Jennifer	Seaman	3800	1:17:12.0	0:02:01.9
Rick	Wawra	3800	1:24:18.0	0:02:13.1
Doris	Burdon	5000	1:38:27.0	0:01:58.1
Fabio	Fiorito	5000	1:23:01.0	0:01:39.6
Theresa	Gibson	5000	1:54:56.0	0:02:17.9
Tonya	Gorkoff	5000	1:29:22.0	0:01:47.2
Russell	Kohrs	5000	1:39:36.0	0:01:59.5
Shari	Mombourc	5000	2:02:28.0	0:02:27.0
Bridgett	Norman	5000	1:28:34.0	0:01:46.3
Maria	Rupcich	5000	1:44:24.0	0:02:05.3
Deanne	Sellinger	5000	2:06:42.0	0:02:32.0
Dionne	Tatlow	5000	1:22:43.0	0:01:39.3
Jason	Tiefenbach	5000	1:35:06.0	0:01:54.1
Elizabeth	Tomczak	5000	1:44:17.0	0:02:05.1
Shawn	Wilyman	5000	1:15:55.0	0:01:31.1

## 2019 RMC Distance Swim

First Name	Last Name	Distance	Time @ 750m	Pace @ 750m	Time @ 1000m	Pace @ 1000m	Time @ 1900m	Pace @ 1900m	Time @ 2500m	Pace @ 2500m	Time @ 3800m	Pace @ 3800m	Time @ 5000m	Pace @ 5000m
Nichole	Burdon	750	0:42:38.0	0:05:41.1										
Kathie	Crawford	750	0:41:36.0	0:05:32.8										
Coleen	Crawford	750	0:33:19.0	0:04:26.5										
James	Lorenzen	750	0:11:02.4	0:01:28.3										
Barb	Austin	1900			0:15:35.0	0:01:33.5	0:28:58.0	0:01:31.5						
Jed Joseph	Azcueta	1900			0:24:31.0	0:02:27.1	0:47:04.0	0:02:28.6						
Petra	De Winter	1900			0:28:10.0	0:02:49.0	0:54:01.0	0:02:50.6						
Tara	Fuchs	1900			0:19:23.0	0:01:56.3	0:37:41.0	0:01:59.0						
Erin	Harlos	1900			0:18:51.0	0:01:53.1	0:36:30.0	0:01:55.3						
Chris	Humphries	1900			0:16:35.2	0:01:39.5	0:31:11.0	0:01:38.5						
Maja	Kralovcova	1900			0:18:04.0	0:01:48.4	0:34:58.0	0:01:50.4						
Patricia	Mulvay	1900			0:34:56.0	0:03:29.6	1:07:46.0	0:03:34.0						
Ryan	Normand	1900			0:23:54.0	0:02:23.4	0:47:57.0	0:02:31.4						
Lisette	Parkin	1900			0:30:10.0	0:03:01.0	0:56:49.0	0:02:59.4						
Danelle	Reiss	1900			0:29:18.0	0:02:55.8	0:56:30.0	0:02:58.4						
Jo-Ann	Robert	1900			0:24:39.0	0:02:27.9	0:47:52.0	0:02:31.2						
Kaytlyn	Criddle	2500			0:22:00.0	0:02:12.0	0:44:25.0	0:02:20.3	0:59:50.0	0:02:23.6				
Angela	Arnold	3800			0:21:36.0	0:02:09.6	0:41:50.0	0:02:12.1			1:26:16.0	0:02:16.2		
Ron	Burdon	3800			0:24:49.0	0:02:28.9	0:47:27.0	0:02:29.8			1:36:28.0	0:02:32.3		
Doug	Farenick	3800			0:18:18.0	0:01:49.8	0:35:07.0	0:01:50.9			1:12:21.0	0:01:54.2		
Jessica	Forrester	3800			0:24:48.0	0:02:28.8	0:48:59.0	0:02:34.7			1:39:23.0	0:02:36.9		
Ashlan	Friesen	3800			0:22:09.0	0:02:12.9	0:41:38.0	0:02:11.5			1:24:31.0	0:02:13.4		
Jessica	Gawley	3800			0:20:19.0	0:02:01.9	0:38:45.0	0:02:02.4			1:20:20.0	0:02:06.8		
Erin	Kiefer	3800			0:18:12.0	0:01:49.2	0:35:02.0	0:01:50.6			1:11:13.0	0:01:52.4		
Suzanne	Louttit	3800			0:18:06.0	0:01:48.6	0:34:36.0	0:01:49.3			1:10:47.0	0:01:51.8		
Jaimie	Mimbs	3800			0:23:24.0	0:02:20.4	0:44:09.0	0:02:19.4			1:29:54.0	0:02:21.9		
Shari	Mosthaf	3800			0:24:52.0	0:02:29.2	0:48:43.0	0:02:33.8			1:39:26.0	0:02:37.0		
Orenda	Pelzer	3800			0:15:35.0	0:01:33.5	0:28:58.0	0:01:31.5			0:59:28.9	0:01:33.9		
Jennifer	Seaman	3800			0:20:19.0	0:02:01.9	0:38:37.0	0:02:01.9			1:17:12.0	0:02:01.9		
Rick	Wawra	3800			0:21:31.0	0:02:09.1	0:41:04.0	0:02:09.7			1:24:18.0	0:02:13.1		
Doris	Burdon	5000			0:19:00.0	0:01:54.0	0:36:28.0	0:01:55.2			1:10:51.0	0:01:51.9	1:38:27.0	0:01:58.1
Fabio	Fiorito	5000			0:16:41.8	0:01:40.2	0:31:08.0	0:01:38.3			1:02:39.0	0:01:38.9	1:23:01.0	0:01:39.6
Theresa	Gibson	5000			0:21:55.0	0:02:11.5	0:44:32.0	0:02:20.6			1:26:45.0	0:02:17.0	1:54:56.0	0:02:17.9
Tonya	Gorkoff	5000			0:18:05.0	0:01:48.5	0:34:19.0	0:01:48.4			1:08:10.0	0:01:47.6	1:29:22.0	0:01:47.2
Russell	Kohrs	5000			0:20:12.0	0:02:01.2	0:38:32.0	0:02:01.7			1:16:24.0	0:02:00.6	1:39:36.0	0:01:59.5
Shari	Mombourquette	5000			0:23:05.0	0:02:18.5	0:44:15.0	0:02:19.7			1:31:00.0	0:02:23.7	2:02:28.0	0:02:27.0
Bridgett	Norman	5000			0:17:53.0	0:01:47.3	0:33:16.0	0:01:45.1			1:05:25.0	0:01:43.3	1:28:34.0	0:01:46.3
Maria	Rupcich	5000			0:20:06.0	0:02:00.6	0:38:38.0	0:02:02.0			1:19:18.0	0:02:05.2	1:44:24.0	0:02:05.3
Deanne	Sellinger	5000			0:23:54.0	0:02:23.4	0:45:27.0	0:02:23.5			1:35:03.0	0:02:30.1	2:06:42.0	0:02:32.0
Dionne	Tatlow	5000			0:16:30.5	0:01:39.0	0:31:11.0	0:01:38.5			1:02:43.0	0:01:39.0	1:22:43.0	0:01:39.3
Jason	Tiefenbach	5000			0:18:37.0	0:01:51.7	0:35:34.0	0:01:52.3			1:09:49.0	0:01:50.2	1:35:06.0	0:01:54.1
Elizabeth	Tomczak	5000			0:20:14.0	0:02:01.4	0:38:45.0	0:02:02.4			1:19:08.0	0:02:04.9	1:44:17.0	0:02:05.1
Shawn	Wilyman	5000			0:15:35.0	0:01:33.5	0:28:58.0	0:01:31.5			0:57:57.0	0:01:31.5	1:15:55.0	0:01:31.1