

Brent Gibson Memorial
Icebreaker Triathlon
Regina, SK
2014-05-04

Chronotrack Timing by "Results Canada" - 780-416-5124

Sprint Distance

Overall Rank	Place	Bib Num	Place In Total Age Group	Age Group	NAME	City	S P W I M E	:Swim Time	:Swim Rate	B P W I M E	:Bike Time	:Bike Speed	R P W I M E	:Run Time	:Run Pace	Finish Time
								:Mins/100M	:Kms/100M		:Kms/100M	:Kms/100M		:Mins/100M	:Kms/100M	
1		414	1/4	Men 20-29	Kurt Hauser	Regina	2	10:39	1:26	3	34:42	34.6	1	18:40	3:44	1:04:01
2		433	1/11	Men 30-39	Curtis Earl	Saskatoon	7	11:27	1:32	1	33:22	36.0	3	19:36	3:56	1:04:24
3		432	2/11	Men 30-39	Brendan Mackenzie	Regina	8	11:29	1:32	2	34:09	35.1	2	19:07	3:50	1:04:44
4		412	1/2	Men 15-19	Bramon Edwards	Saskatoon	1	9:37	1:17	4	37:27	32.0	4	19:48	3:58	1:06:51
5	PEN	321	1/8	Men 40-49	Jim Greenwood	Regina	28	14:43	1:58	5	38:52	30.9	5	20:27	4:06	1:14:01
6	PEN	322	2/8	Men 40-49	Kelly Cozine	Regina	27	14:34	1:57	6	39:04	30.7	6	20:30	4:06	1:14:06
7		413	1/7	Women 20-29	Rachael Edwards	Saskatoon	5	11:15	1:30	14	41:23	29.0	8	21:31	4:19	1:14:07
8		421	2/2	Men 15-19	Will Joseph	Saskatoon	4	11:12	1:30	12	40:41	29.5	12	22:31	4:31	1:14:23
9		441	3/11	Men 30-39	Mike Parkinson	Regina	13	12:39	1:42	8	39:19	30.5	13	23:17	4:40	1:15:14
10		333	2/4	Men 20-29	Scott Kiefer	Regina	22	14:10	1:54	11	40:30	29.6	9	21:39	4:20	1:16:17
11		323	1/7	Men 50-59	Doug Mackenzie	Regina	16	12:47	1:43	9	39:48	30.2	25	25:50	5:10	1:18:24
12		453	3/8	Men 40-49	Michael Hoffort	Buena Vista	20	14:07	1:53	18	42:32	28.2	10	22:01	4:25	1:18:38
13		445	1/3	Women 15-19	Tianna Dodds	Lumsden	12	12:14	1:38	25	44:06	27.2	15	24:07	4:50	1:20:26
14		313	2/7	Men 50-59	Doug Farenick	Regina	11	12:10	1:38	21	43:00	27.9	24	25:41	5:09	1:20:50
15		311	1/6	Women 30-39	Danielle Istace	Regina	10	12:07	1:37	29	44:52	26.7	17	24:23	4:53	1:21:22
16		114	4/11	Men 30-39	Fausto Rodriguez	Regina	35	15:23	2:04	10	40:18	29.8	32	26:32	5:19	1:22:13
17		451	2/7	Women 20-29	Julie Folk	Regina	23	14:10	1:54	27	44:29	27.0	14	23:48	4:46	1:22:26
18		341	3/7	Women 20-29	Laura Gray	Regina	32	15:15	2:02	13	40:47	29.4	31	26:27	5:18	1:22:28
19		363	3/7	Men 50-59	Bruce Moore	Regina	37	15:35	2:05	17	42:07	28.5	20	24:50	4:58	1:22:31
20		454	2/3	Women 15-19	Emily Benko	Regina	19	13:00	1:44	19	42:36	28.2	34	26:59	5:24	1:22:35
21		122	4/7	Men 50-59	Mark Ellsworth	Regina	42	16:31	2:13	15	41:33	28.9	19	24:39	4:56	1:22:42
22		352	5/11	Men 30-39	Scott Baller	Regina	29	14:51	1:59	20	42:53	28.0	22	25:09	5:02	1:22:52
23		111	6/11	Men 30-39	Shaun Quinney	Regina	48	17:09	2:18	24	43:45	27.4	11	22:05	4:25	1:22:58
24		423	2/6	Women 30-39	Orenda Pelzer	Regina	3	11:10	1:30	35	46:20	25.9	26	25:54	5:11	1:23:23
25		362	3/4	Men 20-29	Brett Miller	Regina	30	15:12	2:02	26	44:09	27.2	16	24:09	4:50	1:23:29
26		452	5/7	Men 50-59	Alan Barry	Regina	43	16:42	2:14	16	42:05	28.5	23	25:36	5:08	1:24:22
27		161	4/8	Men 40-49	John Jessome	Regina	51	19:01	2:33	7	39:06	30.7	30	26:18	5:16	1:24:24
28		123	6/7	Men 50-59	Murray Gurski	Regina	40	16:30	2:12	22	43:04	27.9	21	25:02	5:01	1:24:36
29		143	4/7	Women 20-29	Melissa Petersen	Regina	46	17:04	2:17	36	46:47	25.7	7	20:54	4:11	1:24:44
30		431	1/4	Women 40-49	Barbara Austin	Regina	9	11:33	1:33	39	47:22	25.3	28	26:09	5:14	1:25:02
31		422	3/3	Women 15-19	Mina Wardrop	Saskatoon	6	11:19	1:31	30	44:58	26.7	39	29:09	5:50	1:25:26
32		151	5/8	Men 40-49	Kim Reavie	Regina	41	16:30	2:12	28	44:39	26.9	18	24:34	4:55	1:25:43
33		112	3/6	Women 30-39	Corinne Barnett	Regina	39	16:07	2:09	23	43:28	27.6	29	26:17	5:16	1:25:51
34		332	5/7	Women 20-29	Erin Kiefer	Regina	24	14:18	1:55	32	45:30	26.4	33	26:33	5:19	1:26:20
35		312	4/6	Women 30-39	Kelly Mestloski	Regina	14	12:43	1:42	41	49:18	24.3	40	29:31	5:55	1:31:31
36		152	6/8	Men 40-49	Mike Beal	Regina	52	19:07	2:33	38	46:56	25.6	27	26:03	5:13	1:32:04
37		364	2/4	Women 40-49	Theresa Gibson	Regina	33	15:22	2:03	31	45:17	26.5	44	31:31	6:19	1:32:10
38		343	7/11	Men 30-39	Derrick Mann	Regina	45	17:02	2:17	34	45:57	26.1	41	29:38	5:56	1:32:35
39		141	7/8	Men 40-49	John Tsang	Regina	53	19:07	2:33	37	46:48	25.6	35	27:08	5:26	1:33:02
40		351	1/1	Women 50-59	Frankie Pelletier	Regina	38	15:41	2:06	46	52:04	23.0	38	28:24	5:41	1:36:07
41		351	1/1	Men 60-69	Milo Fink	Regina	26	14:29	1:56	48	52:28	22.9	42	30:43	6:09	1:37:39
42		365	1/2	Men 70-99	Blair Parkinson	Fort Qu'appelle	31	15:14	2:02	33	45:49	26.2	52	36:46	7:22	1:37:47
43		113	6/7	Women 20-29	Nichole Diewold	Regina	34	15:22	2:03	42	50:36	23.7	46	32:13	6:27	1:38:11
44		163	7/7	Men 50-59	Lyle Stecyk	Regina	56	20:39	2:46	44	51:08	23.5	36	27:16	5:28	1:39:01
45		324	5/6	Women 30-39	Bridget Norman	Regina	15	12:46	1:43	53	55:53	21.5	43	31:11	6:15	1:39:49
46		132	7/7	Women 20-29	Kelsey Schaeffer	Regina	47	17:05	2:17	43	50:42	23.7	47	32:20	6:28	1:40:05
47		133	2/2	Men 70-99	Grant Gibson	Regina	49	17:11	2:18	45	51:28	23.3	45	31:36	6:20	1:40:13
48		131	8/8	Men 40-49	Ryan Phillipson	White City	50	17:29	2:20	40	48:35	24.7	51	35:52	7:11	1:41:55
49		353	8/11	Men 30-39	Bert Seidel	Regina	25	14:26	1:56	52	54:16	22.1	48	33:48	6:46	1:42:30
50		344	9/11	Men 30-39	Alvin Pulga	Regina	36	15:31	2:05	55	59:24	20.2	37	28:12	5:39	1:43:07
51		443	10/11	Men 30-39	Kiel Braun	Regina	17	12:48	1:43	47	52:08	23.0	54	39:15	7:51	1:44:09
52		442	11/11	Men 30-39	Mike Atchison	Regina	18	12:54	1:44	50	53:14	22.5	53	38:07	7:38	1:44:15
53		153	3/4	Women 40-49	Heather Hadjstavropoulos	Regina	54	20:05	2:41	49	53:02	22.6	50	34:58	7:00	1:48:03
54		121	6/6	Women 30-39	Lindsay Jackiw	Regina	44	16:46	2:15	54	56:43	21.2	49	34:41	6:57	1:48:09
55		162	4/4	Women 40-49	Shari Mosthaf	Regina	55	20:35	2:45	51	54:07	22.2	55	44:56	9:00	1:59:38
56		354	4/4	Men 20-29	Brett Moore	Regina	21	14:09	1:54							